



### VANGUARD UNIVERSITY

## Graduate Education Program - Offers Courses for Educators

### San Leandro WINTER / SPRING 2024

WHERE: \*DISTANCE LEARNING

WHO: These courses are designed for educators.

With district approval, course credit may be used

for salary step-increases and/or professional growth

TUITION: \$333 for 3 semester units of graduate extension credit.

CREDIT: Graduate Education Department of Vanguard University, Costa Mesa, CA.
VU is accredited by the Western
Association of Schools & Colleges.

**COURSE INSTRUCTOR: LYNNE FREY, M.A.** was a teacher in the San Ramon School District. She has taught first grade through sixth grade both as a classroom and as a Physical Education teacher. She has been a coordinator for Vanguard University since 2007. As a former teacher she is knowledgeable, helpful and outstanding, facilitating both individual teachers and teachers choosing to work together as a group.

#### 1. "SHARING TEACHING TREASURES"

WHEN: January 8 – February 4, 2024

- WITH LYNNE FREY -

WHAT: Course #EDUX 5360 A, B, C OR D

**COURSE DESCRIPTION:** This course can be a way for teachers to upgrade their methods. Teachers can gather a significant body of tried and tested practical ideas, lesson plans, activities, games and centers that they have been using and review their effectiveness in this current time. They may want to add to their treasure trove or delete some old activities that are not working. From there teachers can plan for the future.

#### 2. "THE SUCCESSFUL CLASSROOM ENVIRONMENT"

- WITH LYNNE FREY -

WHEN: February 12 – March 10, 2024

WHAT: Course #EDUX 5420 A, B, C OR D

**COURSE DESCRIPTION:** This course is designed to help K-12 educators create an optimal learning environment in their classrooms. Participants will explore various concepts, models and ideas for building an environment that will improve on-take performance, class mood, student motivation and disciplinary strategies. Creating a stable and predictable classroom environment will benefit children with attention deficiencies and improve the overall atmosphere of the classroom.

# REGISTER / ENROLL ON-LINE AT www.CollegeCreditConnection.com,

FOR MORE INFORMATION TELEPHONE: LYNNE FREY 510-521-1225 or email lynneefrey@gmail.com

\*Courses will be taught using our new Online/Hybrid format. Each course will consist of 45 hours of online learning, contact with the instructor and outside practicum.





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3. "WINNING STRATEGIES AND MOTIVATIONAL TECHNIQUES" - WITH LYNNE FREY - WHEN: March 18 – April 14, 2024 WHAT: Course #EDUX 5610 A, B, C OR D

**COURSE DESCRIPTION:** This course is designed to aid teachers in the process of developing effective strategies and proven techniques conducive to improving student self-esteem, classroom participation and learning retention. Activities that extend children's knowledge beyond the basic curriculum and provide thoughtful approaches to content can be explored. This is a hands-on class in which educators can construct effective projects, explore a wide range of methods to enrich the curriculum and share their finds and perspectives with other educators.

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